



CCBRT ANNUAL REPORT 2023





CCBRT's mission is to sustainably serve the community, including the most vulnerable, with quality accessible specialized healthcare services and development programs.



2023-2027 strategic plan is guided by 5 strategic core values: 1.) We are Client centered 2.) We embrace diversity 3.) We are continuously learning 4.) We work together as a Team 5.) We are trustworthy and act with integrity



MESSAGE FROM THE CEO

Looking back

Opening the curtains to a new era, and launching a new strategic plan 2023-2027 is of significance in 2023. We cannot move forward without looking back on how far we have come in the previous strategic period as an organization. We closed strategic period 2018 - 2022 as a specialized healthcare facility that has tripled its impact amongst vulnerable Tanzanians by increasing the number of disability-averted life years (DALYs) from 56,500 in 2013-2017 to 150,000 in 2018 - 2022. We sailed through maintaining a safe environment for our dedicated team of staff and clients during the unprecedented COVID-19 season. I am proud of the dedicated CCBRT team of staff that operated in a rapidly changing environment to ensure we continue to adapt to changes offering relevant solutions in turn changing lives and transforming communities.

Looking ahead

Looking ahead in CCBRT's new strategic plan, we aim to continue impacting more lives with more super specialized and additional health services; whereby subsidized and/or free services make specialized services accessible for vulnerable people. We remain committed to ensuring we offer solutions that are data driven whilst operating as per global standards and maintaining strong governance structures. As a not-for-profit organization, we are not immune to the dynamic donor landscape in some volatile seasons. We are committed to build our social enterprise where "surplus" is re-invested to serve the vulnerable.

Transformative journey of vulnerable communities

2023 as the maiden year of the new strategy, started off on a high note with growth in the setting up of the Research Committee at the CCBRT Academy, a key component in enhancing evidence based service provision. This will inform tailor made solutions for the market in turn leading to vertical and horizontal business growth of services we offer. Through our development programs, we endeavor to create ripple systemic change through partnerships in areas such as Community Based Inclusive Development, women's economic empowerment and capacity building that drives policy changes and adaptability.

With almost 30 years' experience in the field of community based inclusive development and specialized healthcare provision in the field of rehabilitation, we are strategically driving policy change globally among persons with disabilities. We have managed to take steps back to the core of where the challenges truly start off, at child birth to ensure avoidable disability is addressed early.

Without a dedicated and diverse team of Board of directors, Hospital Executive Committee and CCBRT staff, it will be impossible to achieve the big audacious goal of ensuring accessible healthcare for all, leaving no one behind. Our sustainability is centered around dedicated partners, donors, and friends of CCBRT, who believe in our vision and mission enough to partner with us – without you, millions of children, women and youth will continue to remain vulnerable and further perpetuate the cycle of poverty. The dedicated family of CCBRT staff who keep the ball rolling, hongerani sana! Together, let us join hands to turn brilliant ideas and goals into a reality!

Brenda Msangi
Chief Executive Officer



END POVERTY



GOOD HEALTH & WELL BEING



GENDER EQUALITY



REDUCED INEQUALITIES



CLIMATE ACTION



PARTNERSHIPS FOR ALL

2023 AT A GLANCE

SERVICES ACCESSSED BY PATIENTS

ORTHOPEDICS,
PHYSICAL
REHAB, P&O
CONSULTATIONS:
20,179

FISTULA
SURGERIES: 482

EYE
CONSULTATIONS:
69,815


116,622
PATIENTS SEEN


8K+
SURGERIES


1,939
HOME VISITS
CONDUCTED IN
2023 BY
HOUSE OF
HOPE IN MOSHI


492
WHEELCHAIRS
& ASSISTIVE
DEVICES
DISTRIBUTED
BY HOUSE OF
HOPE IN MOSHI

PATIENT DATA

116,622 total patients served

8,262 patients treated for free

893 deliveries supported by MHCB

EYE DATA

69,815 eye consultations

5,621 eye surgeries

2,903 spectacles distributed

MOSHI REHABILITATION CENTRE

2,451 patients seen

492 wheelchairs & assistive devices distributed

2,025 trained on disability inclusion

1,939 home visits

422 families supported through CBR

MATERNAL AND NEWBORN HEALTHCARE

892 total deliveries

DEVELOPMENT AND GROWTH

SAMIA SULUHU HASSAN MATERNAL AND NEWBORN WING

One of our proudest successes was increasing access to specialized healthcare services especially for the most vulnerable persons. Early intervention for children born with congenital deformities as well as attending to high risk pregnancies in order to improve maternal outcomes is the idea behind this establishment. The maternal and newborn wing is the first of its kind in Tanzania aimed at contributing to reducing poor outcomes of maternal health including the maternal and neonatal mortality rate through special targeting of four groups of clients who are:

- Pregnant women living with disability
- Pregnant women with a history of fistula
- Women who have experienced severe vaginal injuries during childbirth
- Teenage pregnancies

In addition to high risk pregnancies, this wing will further strengthen early interventions and treatment for children born with congenital disorders through early identification and referral of children to prevent avoidable disabilities. We have successfully had 893 deliveries, with 15% (138 patients including teenagers & women with disabilities) receiving free care & another 49% subsidized care (435 women).



THE ACADEMY

In 2023, the CCBRT Academy launched the first research committee of members mandated with establishing a Research arm in the organization. This is a significant milestone that will promote the development of evidence based programs and improvement of various services.

The Academy offers practical / hands-on-training in specific service areas such as the CCBRT Eye Department Wet Lab offering fundamental ingredients of a resident surgical training program as it provides a stress-free environment for the trainee to hone their surgical skills. Further, under the Obstetric and Gynaecology department the Fistula Surgeons who are FIGO (International Federation of Gynecology and Obstetrics) certified trainers offer a 6-week Fistula Surgery training to selected doctors who ought to treat fistula at their health facility in our joint effort to eradicate fistula in Tanzania. The Academy also has state of the art conference facilities that can be hired by external participants to conduct various training sessions.

DEVELOPMENT AND GROWTH

MOSHI

2023 was marked by significant activities and events, as CCBRT Moshi celebrated 25 years of service provision to people living with disability in the Northern Zone. CCBRT Moshi proudly celebrated its 25th anniversary, with the Deputy Minister of Health, Godwin Mollel, gracing the occasion as the Guest of Honor.

In 2023, CCBRT Moshi successfully accomplished the majority of its predetermined objectives by delivering timely and high-quality services to children with disabilities in the realms of healthcare, education, and family empowerment, in partnership with various stakeholders. A total of 2,451 individuals with disabilities received services at CCBRT Moshi, with 1,167 being new patients.

Seating Clinic and Wheelchair Services: During this reporting period, the seating team supported a total of 689 clients, providing new wheelchairs to 278 individuals, repairing and maintaining 411 wheelchairs, and assessing 150 clients for future service. To curb wheelchair shortage our dedicated team worked tirelessly to address this issue by collecting, sorting, cleaning, and refurbishing for clients in need. Additionally, the team collected, sorted, cleaned, and refurbished 66 wheelchairs, issuing 46 to clients in need.

Wheelchair Outreach Services: Collaborating with partners, CCBRT Moshi conducted a successful wheelchair service follow-up, repair, and maintenance program in Handeni, Kilindi, Mwanza & Singida districts, benefiting 87 children.

Clubfoot Clinic: Our dedicated clubfoot clinic treated numerous children with congenital clubfoot, ensuring early identification, referral, and intervention for optimal outcomes. Total of 109 Children were supported through this clinic.

Community Rehabilitation Follow-up: Through home consultations and community rehabilitation clinics, we continued to provide crucial support to children with disabilities and their families, fostering community integration and self-help group formation.

Community Engagement: Initiatives such as the Day of African Child celebration and collaboration with government health officials demonstrate our commitment to raising awareness and advocating for the rights and well-being of African children with disabilities. About 60 children with disabilities and their parents participated in addition to more than 700 school children from Moshi municipal and Moshi rural area. The event seeks to increase public awareness about the issues affecting African children, including access to education, healthcare, protection from violence, and social inclusion.



DEVELOPMENT AND GROWTH

MABINTI CENTRE

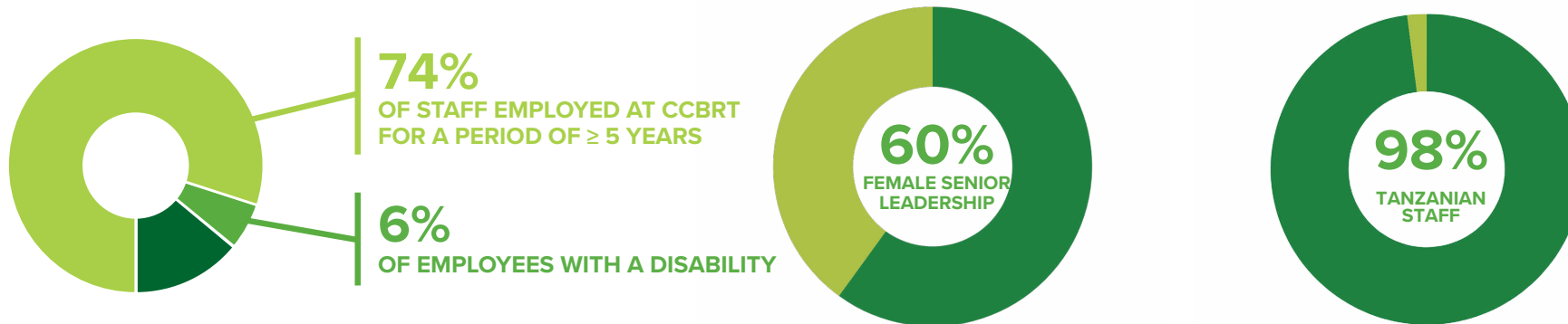
The Mabinti Centre is CCBRT's women economic empowerment program that supports women post fistula treatment. In 2023 two cohorts of a total of 23 women were trained in handicraft and business skills for 4 months each. Upon completion, each graduate received a business starter kit to take home which includes a sewing machine. The number of women trained in 2022 brings the total to 197 trained women since 2009. The Mabinti Centre has a staffing of 15 personnel, 13 of whom are former fistula patients.

In 2023, the Mabinti Centre adopted digitization of tracking customer orders to accommodate the increase in the number of client orders. Majority of client orders in 2023 were those from organizations both corporate and non-corporate who made bulk orders. Mabinti Centre participated in five market fairs in Dar es Salaam and one in Arusha to increase client base.



VALUED AND ENGAGED STAFF

SUPPORTING HIGHLY ENGAGED AND PERFORMING STAFF



Empowering rehabilitation teams through continuous professional development courses in pediatric management and rehabilitation techniques. Additionally, CCBRT was represented in the Association of Prosthetics/Orthotics in Tanzania (APOT) as lead moderator where the guest of honor was his Excellency President of Zanzibar Dr. Hussein.

Ongoing Training and Capacity Building: Continuous training sessions were conducted to empower staff as part of continuous development in pediatric management and rehabilitation techniques. Additionally, in 2023 21 internal symposiums were held with an average of 80 attendees present during each session. Symposiums are a tool used for multi-disciplinary cross learning of various teams within the organization that builds capacity of staff.

The Association of Prosthetist/Orthotist in Tanzania (APOT) held its fourth annual general conference and scientific meeting in Zanzibar with his Excellency President of Zanzibar Dr. Hussein Ali Mwinyi as the guest of honor. CCBRT was represented by two team members with one of them being the lead facilitator of the conference.

INCLUSION: PROMOTING DIVERSITY AND INTEGRATION OF PEOPLE WITH DISABILITIES

CCBRT's Advocacy and Disability Inclusion unit continued to advocate for the rights of persons living with disability through various high level stakeholder engagements, training to various stakeholders as well as lobbying. A total of 350 people were trained at a high level and sensitized on disability inclusion in 2023 a lot of whom sit at decision making levels of their organizations. Additionally, CCBRT's Advocacy and Disability Inclusion unit conducted sensitization training on disability inclusion through community impact working group meetings to a total of 226 participants in Dodoma, Geita and Pemba.

Further lobbying and advocacy work was done through panel discussions and presentations in various conferences both locally and globally;

- International Disability Day at Mtumba Government City, Dodoma
- The Scientific Conference on Reproductive Maternal Newborn Child Adolescent Health+Nutrition
- Stakeholders workshop at the Prime Minister's Office to provide inputs in the development of the Guideline for Establishment, Operation and Management of Vocational Training and Rehabilitation Centres for PWDs
- World Health Summit 2023 in Berlin, Germany
- Tanzania Rehabilitation Summit 2023
- The 10th Tanzania Health Summit 2023

EXCELLENT CLIENT OUTCOME

OPERATING A SAFE HOSPITAL PROVIDING APPROPRIATE AND SUCCESSFUL TREATMENT ALIGNED WITH INTERNATIONAL STANDARDS

| Vesicovaginal fistula Patients | 2022 | 2023 |
|---|------|------|
| Number of VVF surgeries conducted | 475 | 463 |
| % patients reporting dry at six months | 84 | 85 |
| % patients feeling more accepted & supported by their community | 86 | 91 |



EXCELLENT CLIENT EXPERIENCE

ENSURING ALL PATIENTS ARE TREATED WITH PRIVACY, DIGNITY AND RESPECT, AND RECEIVE THE RIGHT SERVICES AT THE RIGHT PLACE

FISTULA

CCBRT's Fistula program successfully conducted 482 surgeries in 2023. The network of ambassadors across Tanzania remained a strong pillar for treatment referrals for holistic treatment and rehabilitation at CCBRT. Psychosocial support is offered to the women and girls admitted for fistula treatment through receiving crocheting skills, singing and mental health support conversations.



OUTREACH

Our outreach programs are the key component of community based rehabilitation which entail home visits, parent care training and visiting rehabilitative support units. Our outreach programs are also essential for patient identification following community awareness raising and training of health care workers.



FINANCIAL SUSTAINABILITY

BECOMING A FINANCIALLY SUSTAINABLE SOCIAL ENTERPRISE

This remains a core strategy through offering private services to cash and private insurance patients with the aim that the “surplus” is reinvested back into the business. In the new strategic period, CCBRT is seeking more partners as impact investors who will support the growth of the private services business. The three key channels in the past five years that have driven our financial sustainability journey include: private services, CCBRT Academy and the Mabinti Centre.



LOOKING AHEAD (2023-2027)

CCBRT 2023-2027

The trust placed in CCBRT in our 30 years of operation has been a privilege. And now in this new strategic period, CCBRT continues to seek partners to journey with us. Please reach out to us directly to explore ways we can work together to transform more families and communities.



FINANCIALS

Statement of Financial Performance (for the year ended Dec 2022)

| Revenue | 2023 TZS'000 | 2022 TZS'000 |
|--|--------------------|-----------------|
| Revenue from non exchange | 11,227,514 | 15,638,013 |
| Revenue from exchange | 20,159,056 | 16,908,333 |
| Other revenue | 130,653 | 176,612 |
| Finance Revenue | 1,452,558 | 210,949 |
| Operating Costs | (35,122,932) | (31,627,261) |
| Finance Cost | (1,931,232) | (750,846) |
| Impairment on Trade and Other Receivables | 1,780,075 | (665,010) |
| Profit/Loss before income tax expense | (5,864,457) | 109,210 |
| Tax expense | - | - |
| Net Surplus/Deficit for the Year | (5,864,457) | 109,210 |

Statement of Financial Position (at 31 Dec 2022)

| Reserves & Liabilities | 31 Dec 23 TZS'000 | 31 Dec 22 TZS'000 |
|--|----------------------|----------------------|
| Reserves | | |
| Accumulated surplus | 73,071,148 | 78,805,722 |
| Revaluation reserve | 3,256,368 | 3,386,252 |
| | 76,327,516 | 82,191,973 |
| Non current liabilities | | |
| Deferred income grants | - | - |
| Bank Loan | 5,800,170 | 5,982,367 |
| Capital grant | - | - |
| | 5,800,170 | 5,982,367 |
| Current liabilities | | |
| Deferred income grants | 3,422,207 | 7,657,263 |
| Trade and Other payables | 7,133,770 | 5,003,191 |
| Borrowing | 690,019 | 593,426 |
| CRDB Insurance Loan | 44,901 | 38,719 |
| Bank Overdraft | - | - |
| Total current liabilities | 11,290,897 | 13,292,599 |
| Total Liabilities | 17,091,067 | 19,274,966 |
| Total Reserve & Liabilities | 93,418,583 | 101,466,939 |

PARTNERSHIPS

CCBRT is grateful to partners who support and elevate its efforts during the year 2023 as we kickstart a new strategic period. The following supporters each contributed towards CCBRT's programming and mission during the period 2023:

AMREF Health Africa

CAPDA

CBM

CEFA

Danish International Development Agency (DANIDA)

DANIDA FC

Equinor

Fistula Foundation

FCDO through EngenderHealth

GiZ

Government of Tanzania

Hope and Healing International

Irish Aid

Johnson & Johnson

KfW

Light for the World

Latter Day Saints

Laerdal Foundation MiracleFeet

Smile Train

CCBRT's US-based sister organization, Kupona Foundation, continued to support CCBRT's fundraising efforts in support of our programs. We are thankful for their support and look forward to synergizing resource mobilization efforts for the benefit of vulnerable Tanzanians living with or at risk of disabilities.



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